

# WAS I EXPOSED TO CORONAVIRUS (COVID-19)?

Have you been in prolonged direct contact with someone diagnosed with COVID-19 OR have you traveled to a country the CDC identified as high-risk?

**NO**



Practice good hygiene and take everyday precautions:

- Wash your hands.
- Don't touch your face, eyes, or mouth.
- Avoid sick people.

**YES WITH SYMPTOMS**



Contact your healthcare provider.



Stay home except to get medical care.\*



Separate yourself from other people and animals in your home.\*



Avoid sharing personal household items.



Practice good hygiene.

**YES WITHOUT SYMPTOMS**



Contact DC Health.



Stay home except to get medical care.\*



Separate yourself from other people and animals in your home.\*



Avoid sharing personal household items.



Practice good hygiene.

\*For a period of 14 days from the date of direct exposure.